



# Tools For Action

A sample of physical education initiatives in Wisconsin

## Archery

### Contact Information

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### Program Information

<b>Program Name</b>
Archery
<b>Program Category</b>
lifetime activity
<b>Grade Level</b>
6-8
<b>Assessment Method</b>
Participation rates (number of students involved); Impact on knowledge and or attitudes (test scores)

### Program Information

#### Products Developed or Materials Used:

#### Program Description:

All 7th and 8th grade students learn the safety and mechanics of shooting a bow and arrow. They meet twice a week for four weeks. We shoot indoors at 5 targets. Students are allowed to bring their own compound bows if they would like. They are stored in the locked P.E. office. Parents must bring them in. Various activities and contests are run with pretzel rods as prizes. Ex. highest individual score per target, best team score, pop a balloon, hit a card, most bulls eyes, etc.

For information on other **Physical Education Best Practices**, visit the website at:

<http://dev.dhfs.wisconsin.gov/health/physicalactivity/PEhome/> or contact Jon Hisgen at [jon.hisgen@dpi.state.wi.us](mailto:jon.hisgen@dpi.state.wi.us)

For information on how your school could become a **Governor's Healthy School Award** winner, visit the website at:

<http://www.schoolhealthaward.wi.gov/> or contact Brian Weaver at [brian.weaver@dpi.state.wi.us](mailto:brian.weaver@dpi.state.wi.us)

For more information on nutrition and physical activity, visit the **Wisconsin Nutrition & Physical Activity Program's website** at:

or contact staff at: <http://dhfs.wisconsin.gov/health/physicalactivity/>  
[Meineam@dhfs.state.wi.us](mailto:Meineam@dhfs.state.wi.us) (Amy Meinen, Nutrition Coordinator)  
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